



LA PUENTE RESIDENTS **DESERVE** SMOKE-FREE MULTI-UNIT HOUSING

SECONDHAND SMOKE IS A **HEALTH HAZARD**

Secondhand smoke (SHS) is smoke from **burning tobacco products**, and **smoke** that has been **exhaled**, or breathed out, by the **person smoking**.^{1,2}

SHS exposure can lead to serious health problems, including^{3, 4}:



Lung Cancer

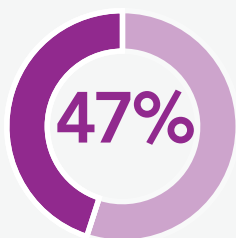


Stroke



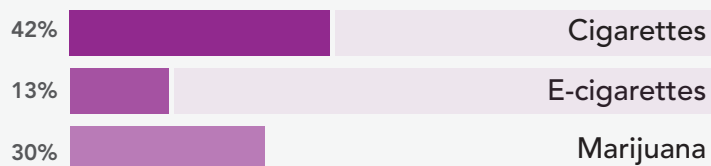
Heart Disease

LA PUENTE RESIDENTS **EXPOSED TO SHS**



living in multi-unit housing reported **secondhand smoke drifted** into their home last year.⁵

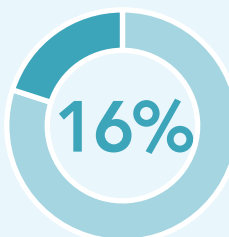
Types of Secondhand Smoke



Of those that reported SHS exposure in their home...



live with a **child** or **senior**.⁵



live with someone with a **medical condition** that has been affected by secondhand smoke.⁵

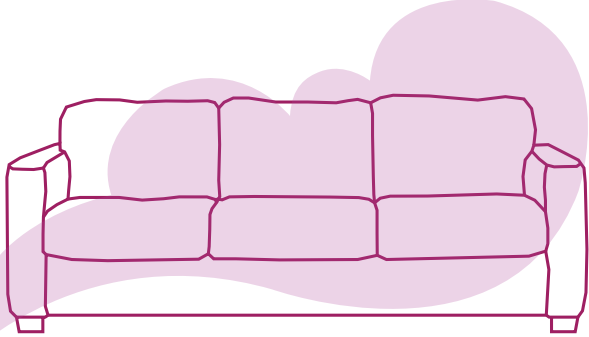
SECONDHAND SMOKE DRIFTS

SHS smoke drifts into apartments and condominiums through⁶:

- Light fixtures
- Electrical outlets
- Plumbing fixtures
- Walls and ceiling crawl spaces
- Shared ventilation systems (HVAC, bathroom exhaust)
- Balconies (through doorways and windows)



HIDDEN DANGERS OF THIRDHAND SMOKE



- **Thirdhand smoke (THS)** is tobacco **smoke residue that is left behind** when someone smokes indoors. It sticks to indoor surfaces such as walls, windows, furniture, and floors.⁷
- **Exposure to THS** may be associated with short-term and long-term health problems such as **asthma and cancer**.⁷

BENEFITS OF SMOKE-FREE MULTI-UNIT HOUSING

- **Improves** the health, air quality, and overall wellness of tenants.⁸
- **Reduces risk** of fire damage, injury, and death.⁸
- **Reduces maintenance costs** including re-painting and replacement of carpets.⁸

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..... cities have already passed smoke-free multi-unit housing policies, including:

- Santa Monica
- Pasadena
- Compton
- Culver City

¹ Institute of Medicine. (2009). Secondhand Smoke Exposure and Cardiovascular Effects: Making Sense of the Evidence. Washington: National Academy of Sciences, Institute of Medicine.

² National Toxicology Program. (2009). Report on Carcinogens, Fourteenth Edition. Research Triangle Park (NC): U.S. Department of Health and Human Services, Public Health Service.

³ U.S. Department of Health and Human Services. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014.

⁴ U.S. Department of Health and Human Services. The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General—Executive Summary. U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, Coordinating Center for Health Promotion, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2006.

⁵ 2019 Multi-unit Housing Public Opinion Survey. Tobacco Control & Prevention Program, Los Angeles County Department of Public Health.

⁶ Centers for Disease Control and Prevention, Office on Smoking and Health, National Center for Chronic Disease Prevention and Health Promotion. Secondhand Smoke Infographics. Dec 2019. www.cdc.gov/tobacco/infographics/secondhand-smoke/index.htm

⁷ California Department of Public Health, California Tobacco Control Program. Thirdhand Smoke. May 2017. Retrieved from <https://www.cdph.ca.gov/Programs/CCDCPHP/DCDIC/CTC-B/CDPH%20Document%20Library/Community/EducationalMaterials/ThirdhandSmokeFactSheet.pdf>

⁸ Tobacco Control Legal Consortium. (2011). Regulating Smoking in Multi-Unit Housing. Retrieved from http://www.publichealthlawcenter.org/sites/default/files/re-sources/tclc-guide-regulating-smoking-multiunits-2011_0.pdf